

STATE COUNCIL ON MENTAL HEALTH (SCMH)  
Behavioral Health Administration  
Department of Health, State of Hawaii

Kinau Hale Conference Room, 1<sup>st</sup> Floor  
April 9, 2019  
9:00 a.m. – 11:30 a.m.

Members Present: **Ahu, Shannessy; Boyer, Kathryn; Dang, Cynthia; Knightsbridge, Christopher; Koyanagi, Chad; Lino, Timothy; Martinez, Kau; Ries, Richard; Rocchio, Christopher; Simms, Sandra; Souza, Chiree**

Members Absent:

Members Excused: **Crozier, Naomi; Crum, Louise; Daraban, Charlie; Jackson, Arwyn; Kahahane, Ciara; Kirby, Candice; Nagao, Lani; Shimabukuro, Scott; Vorsino, Marie**

Guests Present: **Matayoshi, Carol**

Staff Present: **Clarke, Judith; Cooper, Rei; Hiraga-Nuccio, Madeleine; Jansen, John; Neves, Cori; Pak, Sandra; Pangburn, Teresa; Tom, Trina**

AGENDA ITEM	DISCUSSION	RECOMMENDATIONS/ ACTIONS/CONCLUSIONS	PERSON(S) RESPONSIBLE	DATE DUE
I. Call To Order	Christopher Rocchio, 1 <sup>st</sup> Vice Chair, called the meeting to order at 9:13 a.m. <ul style="list-style-type: none"> <li>Quorum was established at 9:28 a.m.</li> </ul>	For information, only.	C. Rocchio, 1 <sup>st</sup> Vice Chair	4/09/19
II. Consideration and Approval of Review Minutes	The draft minutes for the February 12, 2019 meeting were reviewed. <ul style="list-style-type: none"> <li>R. Ries moved to approve the minutes and seconded by S. Simms.</li> </ul> The draft minutes for the March 12, 2019 meeting were reviewed. <ul style="list-style-type: none"> <li>Minutes were amended on Page 5 under Oahu Service Area Board (SAB) to read, “The Oahu SAB proposed a Task Force to look at initiative to update licensing requirements.”</li> <li>S. Simms moved to approve the minutes with amendments and C. Dang seconded the motion.</li> </ul>	For information, only.  <u>Action:</u> With no objections, a motion to approve the February 12, 2019 minutes and a motion to approve the March 12, 2019 minutes with amendments were approved. Both	C. Rocchio, 1 <sup>st</sup> Vice Chair	4/09/19

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		motions carried unanimously.		
III. Community Input	None.	For information, only.		
IV. New Business Kaiser Permanente's Suicide Prevention Program	<p>Ms. Diane Lee, Manager of the Integrated Behavioral Health Program and Dr. Tina Melendrez-Chu, Chief of the Integrated Behavioral Health Program, shared information about Kaiser Permanente's Suicide Prevention Program. Highlights of the presentation were:</p> <ul style="list-style-type: none"> <li>• The Suicide Prevention Program at Kaiser is a National Movement Initiative. The Kaiser Hawaii Region started 4-years ago after receiving a grant.</li> <li>• The goal of the program is to have zero individuals fall through the cracks for suicide by systematically screening them for risks of suicide and providing interventions through integrated behavioral healthcare.</li> <li>• After launching a survey within the Behavioral Health Department to see if folks knew about suicide prevention, results were shared with staff and providers. Results showed that screening and assessment of suicidal risks are crucial to providing safety and treatment to a potential suicidal individual. The results from standardized questionnaires also predict suicide risks for individuals during outpatient visits.</li> <li>• When a person enters a Kaiser Clinic, he or she is given a universal screening tool called Columbia. The Columbia-Suicide Severity Rating Scale is evidence-based and is part of a national and international public health initiative involving the assessment of suicidality.</li> <li>• A Columbia score is used to assess individuals who are at high risk for suicide and should be hospitalized.</li> <li>• A Safety Plan is then developed with the patient who is at increased risk for a suicide attempt. This information is uploaded into the patient's medical record for ease of retrieval during a crisis or an emergency.</li> <li>• Included in the Safety Plan are: <ul style="list-style-type: none"> <li>• Triggers that lead to suicide;</li> </ul> </li> </ul>	For information, only.	D. Lee and T. Melendrez-Chu, M.D.	4/09/19

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	<ul style="list-style-type: none"> <li>• Things that distract a person from committing suicide;</li> <li>• People to contact during emergencies; and</li> <li>• Professionals/agencies to contact</li> <li>• A component of the Safety Plan is CALM i.e., Counseling on Access to Lethal Means. CALM is a tool that is designed to help providers implement counseling strategies to help patients at risk for suicide and their families reduce access to lethal means, such as firearms and medications. This information is also uploaded in the patient's medical record.</li> <li>• Once a Safety Plan is developed, there is a tracking mechanism that ensures the individual is tracked and there is periodic follow-up for outpatient clinic visits.</li> <li>• Kaiser also has a crisis line that is managed by licensed clinicians. When calls come into the call bank, the calls are triaged and a physician or clinician is assigned to the case.</li> </ul>			
V. Old Business – Reports from the Permitted Interaction Groups (PIG) <ul style="list-style-type: none"> <li>• Legislative</li> <li>• Advocacy / Website/Social Media</li> <li>• State Council Retreat</li> </ul>	Legislative <ul style="list-style-type: none"> <li>• The PIG discussed the bills that are mental health-related and are still alive in the Legislature.</li> <li>• Plans are underway to discuss the Department of Health's bill priorities with the Deputy Director of Behavioral Health.</li> <li>• The PIG will continue to attend the Mental Health Task Force meetings.</li> </ul> Advocacy/Website/ Social Media <ul style="list-style-type: none"> <li>• C. Rocchio stated that if there is anything that Council members want to put on the State Council website, they should send it to him in Word format.</li> </ul> State Council Retreat <ul style="list-style-type: none"> <li>• The PIG decided on a 1-day Strategic Planning Retreat then a six (6) months follow-up instead of a 2-day retreat.</li> <li>• Members reported that the cost to bring in a facilitator from the mainland would be \$3,750, while a facilitator from Hawaii would not include costs for travel, lodging, and transportation expenses.</li> </ul>	For information, only.	C. Rocchio, 1 <sup>st</sup> Vice Chair	4/09/19

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	<p>Therefore, the PIG determined that Lily Domingo would be the likely choice.</p> <ul style="list-style-type: none"> <li>• The PIG decided that the retreat should be held at the Embassy Suite by Hilton in Kapolei because there's lots of parking, availability of rooms, and ease of access.</li> <li>• If the Department of Health (DOH) does the printing of programs, there would be no cost. If printing is done by an outside vendor, costs would be involved.</li> <li>• The PIG is looking at putting together welcome bags for attendees.</li> <li>• The agenda for the retreat is on hold until a facilitator is chosen. Once the facilitator is chosen, the facilitator, the Chair of the Council, and the PIG will work on the agenda together.</li> <li>• The PIG also discussed inviting students from a nearby High School (Kapolei) to help with the check in process. This will allow the students to learn about the Council.</li> </ul> <p>The Council to vote on the following:</p> <ul style="list-style-type: none"> <li>• Venue, date, and type of retreat</li> <li>• One-day retreat with a 6 months follow-up, versus 2-day retreat</li> </ul> <p>Facilitator</p> <p>S. Simms moved that the Council accept the recommendation of the PIG for Strategic Planning to be the focus of the State Council Retreat. C. Dang seconded the motion. Motion passed unanimously.</p> <p>S. Simms moved for the Council to accept the recommendation of the PIG that the retreat be a 1-day event on October 18, 2019 at the Embassy Suites in Kapolei. C Dang seconded the motion. Motion passed unanimously.</p> <p>S. Simms moved that the Council adopt the recommendation of the PIG to use the facilitation services of Lily Domingo for the retreat. C. Dang seconded the motion. There was one (1) 'no' vote. Motion passed.</p>			

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	S. Simms moved that there be a six months follow-up to the October 18, 2019 session, for the purpose of determining the effectiveness of the strategic plan (date to be determined for the six months follow-up meeting). C. Dang seconded. Motion passed unanimously.			
VI. Hawaii Advisory Commission on Drug Abuse and Controlled Substance (HACDACS) Report	<p>C. Koyanagi gave a report on the March 28, 2019 HACDACS meeting. He stated the following:</p> <p>Personnel updates:</p> <ul style="list-style-type: none"> <li>• John Valera is the Acting Chief for the Alcohol and Drug Abuse Division (ADAD) as Edward Mersereau is now the Deputy Director of Behavioral Health Administration.</li> <li>• Amy Curtis is the Co-Chair for the Hawaii Opioids Initiative workgroup #3.</li> </ul> <p>Discussions:</p> <ul style="list-style-type: none"> <li>• HACDACS is tracking SB1494 which establishes a working group within DOH to evaluate current behavioral health care and identify steps to promote effective integration, to respond to, and coordinate care for persons experiencing substance abuse, mental health conditions, and homelessness.</li> <li>• SB1486 is also being tracked, which supports an electronic prescription system that allows certain entities to share data, such as Public Safety, Narcotics Enforcement Division, and DOH to reduce opioid abuse and deaths from overdose.</li> <li>• HACDACS' priorities for the coming year is to look at homelessness, methamphetamines, cannabis, and outpatient detox programs.</li> <li>• In the context of the homeless epidemic, the CARES program is meant to have a coordinated entry with a more universal screening form that prioritizes individuals who have the highest need for treatment.</li> <li>• The ADAD has a request for proposal (RFP) for treatment services regarding coordinated entry for substance abuse treatment.</li> <li>• HACDACS is looking for pharmacists, legal defense individuals, and corrections individuals to become members of the Commission.</li> <li>• Diane Felton, M.D., a member of HACDACS is looking at greater usage of suboxone for medication-assisted treatment in emergency</li> </ul>	For information, only.	C. Koyanagi, M.D.	4/09/19

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	room settings.			
VII. Island Reports	<p>Oahu Service Area Board (OSAB)</p> <ul style="list-style-type: none"> <li>• The OSAB By-Laws were updated to reflect quorum requirements.</li> <li>• Elected interim officers.</li> <li>• Invited three to four at-risk youth programs to attend the OSAB meeting. The plan is for a youth or youths to become members of the Board.</li> <li>• Invited a speaker from the Planning Committee of the Suicide Prevention Conference, who spoke about the upcoming conference and other ongoing initiatives.</li> <li>• The OSAB passed a motion to engage the other Service Area Boards (Kauai, Maui, and Hawaii Island) to collaborate on a statewide rural health care initiative.</li> <li>• The OSAB would like to know if the SABs can have a stronger presence on the State Council's website.</li> </ul> <p>Hawaii Service Area Board (HSAB)</p> <ul style="list-style-type: none"> <li>• The HSAB did not meet, however, members are planning a Community Forum on substance abuse. Guest speaker will be Dr. Josh Green.</li> <li>• The Board has two prospects to become Board members.</li> </ul> <p>Kauai Service Area Board (KSAB)</p> <ul style="list-style-type: none"> <li>• The KSAB held elections of officers.</li> </ul> <p>Maui Service Area Board (MSAB)</p> <ul style="list-style-type: none"> <li>• The MSAB is concerned about the youth adolescent inpatient unit on Maui that closed due to financial challenges. Youth now must fly to Honolulu to get treatment and this poses a hardship on parents.</li> <li>• The MSAB discussed the next Hawaii Certified Peer Specialist (HCPS) training. An inquiry was made because the HCPS program is beneficial, and Maui County needs more HCPS participants.</li> <li>• The Maui Family Guidance Center is starting a parent support</li> </ul>	<p>For information, only.</p> <p><u>Action:</u> C. Rocchio will post any news events for the SABs on the Council website.</p> <p><u>Action:</u> C. Souza asked if the Council could help with the issue of the Adolescent Inpatient Unit.</p>	<p>C. Dang</p> <p>C. Matayoshi</p> <p>M. Hiraga-Nuccio</p> <p>C. Souza</p>	4/09/19

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	<p>group.</p> <ul style="list-style-type: none"> <li>Members voted at the last meeting to approve the 2017-2018 Maui County Comprehensive Integrated Service Area Plan.</li> </ul>			
VIII. Discussion and Decision on: Direction of the State Council for 2019	<ul style="list-style-type: none"> <li>This item will remain on the agenda for future discussion when the Chair of the Council is in attendance.</li> </ul>	For information, only.		
IX. Announcements	<ul style="list-style-type: none"> <li>C. Knightsbridge commented that the discussion on Argosy University is missing from this meeting's agenda.</li> <li>The 2019 Suicide Prevention Statewide Conference will be held April 11-12, 2019 at the Ala Moana Hotel.</li> <li>The Institute on Violence, Abuse, and Trauma (IVAT) Conference is scheduled for April 23 – 26, 2019.</li> <li>Prior to the IVAT Conference, there will be a Pre-Summit Department of Education Workshop on April 23, 2019. The featured film screening is "Suicide: The Ripple Effect." Keynote speaker for the Workshop is Kevin Hines.</li> <li>The Mental Health Mahalo Awards is scheduled for May 21, 2019 at the Ala Moana Hotel.</li> <li>Next SCMh meeting will be on Tuesday, May 14, 2019</li> </ul> <p>C. Dang commented that since most of these conferences are sponsored by the DOH perhaps the DOH would consider giving members of the Council discounted rates or possible scholarships to attend them.</p>	<p>For information, only.</p> <p><u>Action:</u> J. Clarke to inquire if DOH could give scholarships or discounted rates to State Council attendees.</p>	C. Rocchio, 1 <sup>st</sup> Vice Chair	4/09/19
X. Future Agenda Items	<ul style="list-style-type: none"> <li>QPR for Suicide Prevention Certification Training</li> </ul>			
XI. Adjournment	The meeting was adjourned at 11:30 a.m.	For information, only.		4/09/19

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Electronic Mail Outs	<ul style="list-style-type: none"> <li>• State Council on Mental Health Agenda for April 9, 2019</li> <li>• State Council on Mental Health Draft Minutes for February 12<sup>th</sup>, and March 12, 2019 minutes</li> <li>• State Council Attendance Log'19</li> </ul>	For information, only.		