## STATE COUNCIL ON MENTAL HEALTH Behavioral Health Administration Department of Health, State of Hawaii

## Kinau Hale Board Room, 1<sup>st</sup> Floor July 14, 2015 9:00 a.m. – 11:30 a.m.

Members Present: Arensdorf, M.D., Alfred; Crum, Louise; Durant, Mike; Koyanagi, M.D., Chad; Lyons, Frances; Mansfield, Haaheo; Park, Benjamin; Simms, Sandra; Wilcox, APRN, Noelani.

Members Absent:

Members Excused: Calcagno, Sheila; Dang, Psy.D, Cynthia; Daraban, Charlene; Minami, Theresa; Vorsino, Psy.D, Marie.

Guests Present: Nagata, Kurt

Staff Present: Clarke, Judith; Cooper, Rei; Hiraga-Nuccio, Madeleine; Keane, Greg; Nazareno, Jocelyn; Pak, Sandra; Tom, Trina.

AGENDA ITEM	DISCUSSION	RECOMMENDATIONS/ ACTIONS/CONCLUSIONS	PERSON(S) RESPONSIBLE	DATE DUE
1. Call To Order	Council Chair, Haaheo Mansfield, called the meeting to order at		H. Mansfield, Chair	
	9:15 a.m. and quorum was not established.			
2. Review of	Minutes for June 9, 2015 were reviewed.	Action:		
Minutes		No action was taken since		
		there was no quorum.		
3. Community	• None			
Input				
4. Hawaii Health	Dr. Linda Rosen, Chief Executive Officer for HHSC, attended the	For information only.	Dr. Linda Rosen	
Systems	State Council meeting to address the reduction of beds at Hilo			
Corporation	Memorial Hospital, and the proposed plan to implement			
(HHSC)	Telemedicine in Kona for consumers with mental illness.			
Presentation				
	Dr. Rosen explained the HHSC's structure:			
	• The Hawaii Health System (HHS) is comprised of regions			
	which are operated independently and are not operated by the			
	Corporation.			

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AGENDA ITEM 4. Hawaii Health Systems Corporation (HHSC) Presentation cont'd.	<ul> <li>The five (5) regions are: East and West Hawaii, Maui, Kauai and Oahu. Out of the five (5) regions, four (4) of the regions provide behavioral health services with the exception of Oahu.</li> <li>The HHS is the only provider of in-patient services on the neighbor islands.</li> <li>In explaining the decisions that led up to the reduction of beds at Hilo Memorial Hospital, Dr. Rosen stated the following:</li> <li>There is a \$50 million shortfall system-wide. As a result, each region decided to look at inefficiencies within their facilities in an attempt to meet the budget shortfall.</li> <li>For the East Hawaii Region, the Hilo Memorial Hospital elected to close their eight-bed wing that was used for psychiatric services. This wing will be temporarily closed until funding is restored.</li> <li>The reduction of beds at Hilo Memorial Hospital should be viewed as a reduction in capacity, and not as a reduction of services.</li> <li>The second concern that the Council had was for Dr. Rosen to address the implementation of Telemedicine at Kona Community Hospital.</li> <li>Dr. Rosen clarified that there is no downsizing related to the budget shortfall in Kona. There is no change in capacity, but there are workforce challenges.</li> <li>Dr. Rosen stated the following:</li> <li>There is a plan to change the coverage of the inpatient</li> </ul>			DATE DUE
	psychiatric unit at Kona Community Hospital based on a change in resources from the Adult Mental Health Division (AMHD).			

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	<ul> <li>The AMHD will continue to provide the on-site psychiatric staffing for the 11-bed unit, Monday through Friday.</li> <li>The use of telehealth services is being contemplated for coverage during the night and for on-call services.</li> <li>If everything goes well, telehealth services would be provided through "Dignity Health," and the vendor is "In Touch," who provides the technology.</li> <li>Anticipated start date to use telehealth is in August 2015.</li> <li>Dr. Rosen also described the contingency plans that the HHSC is investigating to meet their budget shortfall. She noted that at the corporate level, the decision was made that psychiatric services, irrespective of the services being profitable or at a loss, were deemed essential services and would remain in place. Dr. Rosen opined that HHSC plans to dialogue with AMHD to provide more services in a creative manner in the West Hawaii Region because there is a need for additional services. She also told the group that the HHSC plans to seek more funding in the upcoming legislature, perhaps, requesting an emergency appropriation.</li> </ul>			
	<ul> <li>Questions/Statements from the Council Where is Dignity Health Located?</li> <li>Dr. Rosen responded that Dignity Health is located on the West Coast. She continued that she believes psychiatric services can be provided through telehealth and can be effective. The Department of Health (DOH) utilizes telehealth in providing services especially through the Child and Adolescent Mental Health Division, as well as the Department of Education. Is it ideal? Some people may say, face-to-face is ideal, but she offered that it is definitely better than no coverage or no care.</li> <li>The Council wants to make sure, if at all possible, that Dignity Health is sensitive to the cultural needs of consumers on Hawaii Island.</li> <li>The cultural understanding for providers is an important area. The use of telehealth services can actually have added value in</li> </ul>			

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	that regard because you do have a local health care provider that is part of the interaction. If the provider is not recognizing something that the patient is saying, or if the patient is not responding in an appropriate way, there is a provider or a nurse who is with the patient during consultation.			
	Dr. Koyanagi commented that telehealth is more cost effective and one can get greater continuity in the long run as opposed to Locum Tenens whose salaries are very high.			
	<ul> <li>Have you met with the hospital's staff and how open are they with utilizing telehealth?</li> <li>Dr. Rosen stated that she would have to defer to Jay Kreuzer, Chief Executive Officer of the West Hawaii Region, for an operational perspective.</li> </ul>			
	Ms. Lyons commented that the Hilo Public Library held a meeting with several psychiatrists from Oahu to discuss dementia, alzheimer, depression, and other general mental health issues. She described the successful usage of telehealth by many of these physicians. One physician was from the Department of Defense and another physician explained that he primarily uses telehealth in treating the elderly. Ms. Lyons asked the members of the panel about the use of a camera in a box.			
	After listening to the physician's success stories, Ms. Lyons concluded that telehealth is a good process, and she encouraged the audience to think "outside the box" in finding ways to meet the demands and needs of patients when there is a shortage of physicians on the neighbor islands.			
	Dr. Rosen reiterated that telehealth is one modality to increase access to behavioral health services, and she hopes people can embrace it in some way. She also conveyed to the Council that she will report to the HHS Regions noting the Council's concerns on continuity of care, access, and cultural sensitivity to consumers living with mental illness in the use of telehealth on the neighbor islands.			

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5. Island Reports	Oahu – No report <u>Kauai</u> An informational meeting was held due to a lack of quorum. The Kauai Service Area Board (SAB) has only four (4) members. They discussed inviting others from the community who may be interested in participating on the Board. At this meeting, SAB members and community members would establish a list of possible SAB candidates to send to the Governor for approval.	For information only.	R. Cooper	
	Maui The Maui (SAB) had quorum and were able to approve the minutes of the past informational meetings. The Maui SAB reviewed and made revisions to their By-Laws. They continued to discuss the issues at the Maui Memorial Adolescent Unit.		A. Arensdorf, M.D. F. Lyons	
	Hawaii Island Quorum was not established so an informational meeting was held. The Hawaii SAB is working on the Hawaii County Integrated Service Plan and reviewing the application process to receive a rural health designation to get more funding from the Federal Government.		F. Lyons	
6. Updates from the State Technical Assistance Project, Leadership Academy Group Meeting	<ul> <li>Ms. Crum and Ms. Mansfield reported on the Leadership Academy meeting. They highlighted some of the discussion from the meeting.</li> <li>The basis for leading a committee is to have a great vision and mission statement. This will provide continuity even when there is a change in leadership.</li> <li>The Council should be coaching new leaders to lead in the future, and grooming the next elected officials.</li> <li>Two individuals, who are members of the Academy, presented coaching and mentoring modules to the group.</li> <li>Some of the Planning Councils, who are part of the Academy, explained that they discuss the topics that are on the agenda in another meeting prior to the start of the official meeting.</li> </ul>	For information only.	L. Crum & H. Mansfield	

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7. State Council Strategic Plan	Chair Mansfield asked the Council members to review the "Trends Affecting the Council" in preparation for developing the Council's Strategic Plan.	For information only.	H. Mansfield	
	The group focused on getting information about legislative initiatives early on in the session, so that the Council can exercise their role of advocacy. Ms. Wilcox commented that this fits with the item under budget-driven decisions. She noted that a lot of what the legislature does is very budget-driven and as a Council this should be one of their priorities.			
	Members also discussed the difficulty of getting members on the SABs. The Council agreed that they may need to look at initiating a membership drive to attract new members.	Action		
	Members agreed that it would be a good idea to invite the new Boards and Commissions Director to attend a future Council meeting.	Action: Staff to invite the Boards and Commissions' Director to a future Council meeting.	Staff	Future SCMH meeting.
8. Announcements	None			
9. Future Agenda Items	<ul> <li>Develop a Permitted Interactive Group to research and propose a Bill to change the definition of "quorum."</li> <li>Transition from Youth to AMHD Services</li> <li>Community Mental Health Centers' Dashboard Report</li> </ul>			
10. Adjournment	The Council meeting adjourned at 11:15 a.m.			
Electronic Documents sent to Members	<ul> <li>State Council on Mental Health Agenda for July 14, 2015</li> <li>State Council on Mental Health Draft Minutes, June 9, 2015</li> <li>State Council Attendance Log'2016</li> <li>Council Letter to Hawaii Health Systems Corporation</li> <li>Council Letter to State Health Planning &amp; Development Agency</li> <li>Environmental Scan Worksheet 6.22.15</li> <li>Hawaii Strategic Planning Community 6.22.15</li> <li>The Hawaii Advisory Commission on Drug Abuse &amp; Controlled Substances (HACDACS) Agenda, June 23, 2015 and Draft Minutes, May 26, 2015</li> </ul>			