

STATE COUNCIL ON MENTAL HEALTH (SCMH)  
Behavioral Health Administration  
Department of Health, State of Hawaii

Virtual Meeting via Zoom  
October 13, 2020  
9:00 a.m. – 11:30 a.m.

Members Present: **Aumer, Katherine; Beninato, Antonino; Crozier, Charleen “Naomi”; Dang, Cynthia “Cindi”; Ilyavi, Heidi; Knightsbridge, Christopher; Koyanagi, Dina; Lau-James, Eileen; Martinez, Beatrice “Kau’i”; Matayoshi, Carol; Nagao, Lani; Pascual-Kestner, Rusnell “Rus”; Reed, Tara; Ries, Richard; Shimabukuro, Scott**

Members Absent: **Fujii, John**

Members Excused:

Guests Present: **Ulep, Aldric**

DOH Staff Present: **Haitsuka, Stacy; Keane, Gregory “Greg”; Nazareno, Jocelyn**

AGENDA ITEM	DISCUSSION	RECOMMENDATIONS/ ACTIONS/CONCLUSIONS	PERSON(S) RESPONSIBLE	DATE DUE
I. Call to Order	<p>Chair R. Ries called the meeting to order at 9:01 a.m.</p> <p>Members and guests introduced themselves.</p> <p>R. Ries welcomed three new SCMH members whose interim terms started on October 1, 2020 and will end on June 30, 2021.</p> <ul style="list-style-type: none"> <li>• Katherine Aumer – Representing family members of individuals in recovery</li> <li>• Antonino Beninato – Representing students as a youth advocate</li> <li>• Dina Koyanagi – Representing the Department of Human Services, Child Welfare Services</li> </ul> <p>Quorum was established by 9:07 a.m.</p>	For information only.		

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II. Meeting Announcements	<p>R. Ries shared the following announcements:</p> <ul style="list-style-type: none"> <li>• The SCMH continues to do its part to Stop the Spread of COVID-19 by holding its meetings virtually for the time being. Handouts are distributed electronically a week before the meeting.</li> <li>• To use our time efficiently during today’s meeting, he asked Council members and guests to follow the following basic virtual Council meeting courtesies: <ul style="list-style-type: none"> <li>○ Please address any comments or questions during the meeting to him.</li> <li>○ Members and guests may raise their “hand” virtually, type into the chat box, or orally interject during the meeting to get his attention.</li> <li>○ Please wait to be acknowledged before speaking. This will help to keep the meeting organized and the audio clear for minute taking purposes.</li> </ul> </li> <li>• In general, only Council members are allowed to speak during the meeting, unless speaking as a presenter or sharing information during the Community Input section of the agenda. He will do his best to include and acknowledge guests when appropriate.</li> <li>• For Council members who need to take a break and step away from the meeting, please notify him before leaving as the Council needs to keep track of when Council members leave and return to verify quorum.</li> <li>• If at any time a Council member has an issue with the meeting connection, please consider closing your Internet browser and rejoining the meeting by re-clicking on the Zoom link or joining by phone as an alternate option.</li> <li>• If not speaking, please place yourself on mute. This will help with the feedback noise and will allow for everyone to hear the person speaking.</li> </ul>	For information only.		

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III. Consideration and Approval of Review Minutes <ul style="list-style-type: none"> <li>• September 8, 2020</li> </ul>	<p>The draft minutes for the September 8, 2020 meeting were reviewed.</p> <p>The minutes were amended as follows:</p> <ul style="list-style-type: none"> <li>• Page 10, HSAB report, Bullet 4: Remove Face-to-Face Initiative; replace with Familiar Faces Initiative, a program in the King County Jail in Seattle, WA focusing on individuals with four or more arrests in a 12 month period who live with a mental illness and/ or substance use disorder (SUD).</li> <li>• Page 11, HSAB report, Bullet 2: Remove \$180M; replace with \$280M</li> </ul> <p>T. Reed made a motion for the minutes from the September 8, 2020 meeting be approved as amended. C. Matayoshi seconded the motion. A. Beninato and K. Martinez abstained from approving these minutes as they were not present at the last meeting.</p>	<p>Finalize minutes as amended.</p> <p>Motion passed.</p>	<p>S. Haituka</p>	<p>10/29/20</p>
IV. Community Input	<p>Pursuant to section 92-3, Hawaii Revised Statutes, community members will have three (3) minutes to speak during this time.</p> <ul style="list-style-type: none"> <li>• T. Reed shared that she is not working and is spending more time at home. She has found that it is hard to find resources. She doesn't qualify for benefits.</li> <li>• C. Knightsbridge added that he qualified for some benefits but it is hard to get in touch with the Unemployment Insurance Division. He is aware of Facebook groups that discuss this issue. He noted that while the Unemployment Insurance Division is overloaded with claims processing, the lengthy delay is especially impacting the mental health of claimants and their families.</li> <li>• R. Ries asked Council members to think about the specialty areas they represent and offer ideas for how the Council may assist.</li> </ul>			

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V. New Business	None			
VI. Permitted Interaction Group (PIG) Reports  <ul style="list-style-type: none"> <li>• PIG for Website, Social Media, and Advocacy</li> </ul>	<p>This section of the agenda includes a brief summary of PIG activities since the last Council meeting including meeting dates, discussions, and recommendations on topics approved at previous Council meetings. If sharing a longer report, PIG members may e-mail it to S. Haitsuka no less than 10 calendar days prior to the next Council meeting.</p> <p>The following updates were provided by members of this PIG.</p> <ul style="list-style-type: none"> <li>• This PIG did not meet.</li> <li>• C. Knightsbridge is wondering what is the budget for the Council? He is interested in knowing whether the Council’s website can be contracted out.</li> <li>• C. Dang shared that she is not aware of any guidelines that exist for the website maintenance. She is interested in doing succession planning for the website and is hoping that this PIG will meet to discuss this.</li> <li>• C. Knightsbridge shared that he is interested in the Council advocating for a contact tracing app, similar to OneOahu.org. He sees this being heavily related to mental health and for safety. Hawaii is not a state who opted in. Only 14 states have opted in to use the contact tracing app that is available on both Android and iPhone devices. He would like the Council to write a letter to the DOH asking to opt into the contact tracing app so the public is better informed.               <ul style="list-style-type: none"> <li>○ T. Reed requested that the meeting get back on track and asked that this topic be discussed in this PIG’s meeting.</li> </ul> </li> </ul> <p>Council members shared the following comments:</p> <ul style="list-style-type: none"> <li>• Regarding the Council website,               <ul style="list-style-type: none"> <li>○ R. Ries noted that the Council website is a slower moving ship. He asked who designed the website and who is responsible for maintenance?</li> </ul> </li> </ul>	<p>Members of this PIG are: C. Knightsbridge, C. Dang, C. Matayoshi, H. Ilyavi, and R. Pascual-Kestner</p>		

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<ul style="list-style-type: none"> <li>• PIG for Legislation</li> </ul>	<ul style="list-style-type: none"> <li>• Regarding the contact tracing app, <ul style="list-style-type: none"> <li>○ R. Ries mentioned that a pro for using a contact tracing app is increased communication such as how Singapore has shown in its contact tracing app use. But he also noted that there are some concerns about digital surveillance.</li> <li>○ H. Ilyavi expressed interest in learning more information, details and facts about the app and having a discussion with other members of this PIG.</li> <li>○ R. Ries noted that the Council is not designed to be quick moving. He encouraged this PIG to get together and draft a letter so it can be shared before the next meeting.</li> </ul> </li> </ul> <p>Council action for this PIG:</p> <ul style="list-style-type: none"> <li>• C. Knightsbridge volunteered to be the lead for this PIG.</li> <li>• Initially, a motion was made by C. Knightsbridge and seconded by N. Crozier to have this PIG draft a letter strongly encouraging the Department of Health (DOH) to use the contact tracing app; after discussion, the motion was altered by C. Knightsbridge and seconded by H. Ilyavi as follows: <ul style="list-style-type: none"> <li>○ Draft a letter to the DOH strongly encouraging that they explore this program (app), create an app, and consider participating in this program with 14 other states.</li> </ul> </li> <li>• C. Knightsbridge will draft the letter and e-mail it to S. Haituka and R. Ries; draft letter will be distributed to members of this PIG and will be shared in the packet of handouts for the next meeting.</li> </ul> <p>The following updates were provided by members of this PIG.</p> <ul style="list-style-type: none"> <li>• This PIG did not meet.</li> <li>• C. Knightsbridge stated that he sees Hawaii’s Sunshine Law as a barrier to the Council being able to advocate in-person.</li> <li>• T. Reed does not want to be the lead for this PIG but she is willing to continue to participate as a member of this PIG.</li> </ul>	<p>E-mail S. Haituka with suggested PIG meeting dates/times.</p> <p>Ayes (14); Noes (0); Abstentions (0)</p> <p>Motion passed unanimously.</p> <p>Draft letter for distribution.</p> <p>Members of this PIG are: E. Lau-James, C. Knightsbridge, T. Reed, and C. Dang</p>	<p>C. Knightsbridge</p> <p>C. Knightsbridge</p>	<p>10/20/20</p> <p>10/31/20</p>

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	<ul style="list-style-type: none"> <li>• C. Dang shared that one way Council members can participate is by going to the legislature’s website. Anyone can go to the Hawaii State Legislature’s website at <a href="http://www.capitol.hawaii.gov">www.capitol.hawaii.gov</a> to establish an account where they can customize the settings for receiving hearing notices and where you can also submit testimony.</li> <li>• C. Dang will schedule a legislative training for the Council but there has been a delay in legislators being available due to their focus on the state’s COVID-19 response.</li> <li>• T. Reed clarified that as an individual, she can endorse anything she wants but as a Council members, she is representing the Maui Service Area Board (MSAB) and she needs to take information from this Council meeting back to the MSAB for their feedback. She is here on this Council as Maui’s voice.</li> <li>• T. Reed encouraged this PIG to schedule a time to meet.</li> </ul> <p>Council members shared the following comments:</p> <ul style="list-style-type: none"> <li>• Regarding <a href="#">HB1620</a> (Act 026-20), R. Ries mentioned that this bill reminds him of the Familiar Faces Initiative in King County Jail in Seattle, WA.</li> <li>• Regarding <a href="#">SB2395</a> (Act 226-16), R. Ries noted that his experience with this type of legislation has been that billing health insurance company HMAA for telehealth as a mode of treatment results in a denied claim which are unresolved. He feels it is illegal for health insurance companies to deny telehealth claims that are directly related to treatment.</li> <li>• R. Ries shared that the Council needs to be ahead of the game in terms of hearing about bills before they are passed. He would like to see the Council be in a position to advise stakeholders about bills because the Council’s voice matters!</li> <li>• L. Nagao suggested that this PIG could be reviewing bills in real time and providing the Council with updates.</li> <li>• E. Lau-James mentioned that Arwyn Jackson, a previous</li> </ul>			

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<ul style="list-style-type: none"> <li>• PIG for the SCMH Retreat</li> </ul>	<p>Council member, gave a presentation and showed the <a href="#">Hawaii State Legislature's website</a> where the public can follow bills. She's wondering who else on the Council has expertise/knowledge of the legislative process?</p> <p>Council action for this PIG:</p> <ul style="list-style-type: none"> <li>• C. Dang to work on scheduling legislative training for the Council's December 2020 or January 2021 meeting.</li> <li>• Council members may e-mail their legislative questions to S. Haitsuka and she will forward them to C. Dang.</li> </ul> <p>The following updates were provided by E. Lau-James.</p> <ul style="list-style-type: none"> <li>• This PIG has not met.</li> <li>• E. Lau-James apologized for the unintended oversight of N. Crozier not being included as a member of this PIG. She was confirmed as a member at a 2019 Council meeting.</li> <li>• Facilitator's paperwork has been submitted and is pending approval.</li> <li>• Quote is based on 18 attendees.</li> <li>• The draft Retreat agenda was shared as a meeting handout.</li> <li>• Facilitator will send final invoices but it is unclear whether she can bill for services prior to February's Retreat (Part II) or if she needs to wait for both parts of the Retreat to be completed before billing.</li> <li>• Pre-retreat questionnaire was distributed as a meeting handout. Responses will be collected online and will be anonymous to other Council members. S. Haitsuka will send the link after today's meeting. The deadline to submit responses is Friday, October 30, 2020.</li> <li>• Prior to the Retreat, the Council will have its business meeting from 8:30 a.m. to 9:00 a.m. and the Retreat will be from 9:00 a.m. to 1:00 p.m.</li> <li>• Facilitator provided a pre-retreat video which was shared during the Council meeting. A copy of the video file will be</li> </ul>	<p>Schedule training.</p> <p>Submit questions.</p> <p>Members of this PIG are: E. Lau-James, C. Knightsbridge, and N. Crozier</p>	<p>C. Dang</p> <p>Council members</p>	<p>11/10/20</p> <p>10/31/20</p>

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	<p>available for Council members to view via the Council’s online member orientation materials.</p> <p>Council members shared the following comments:</p> <ul style="list-style-type: none"> <li>• Council members expressed they are looking forward to the Retreat and thanked S. Haitsuka for her help with coordinating the facilitator’s paperwork.</li> <li>• R. Ries wanted to confirm that invitations to both Lt. Governor Josh Green and DOH Deputy Director, Behavioral Health Administration, E. Mersereau were sent. S. Haitsuka stated the letters have not been sent yet.</li> </ul> <p>Council action for this PIG:</p> <ul style="list-style-type: none"> <li>• Send invitation letters to R. Ries for approval; then send to Lt. Governor Green and E. Mersereau.</li> </ul>	E-mail draft letters to R. Ries.	S. Haitsuka	10/13/20
<p>VII. Island Reports</p> <ul style="list-style-type: none"> <li>• Kauai Service Area Board (KSAB)</li> </ul>	<p>This section of the agenda includes a brief summary from Council members representing their respective Service Area Board about discussion from their board meetings and when applicable, updates on requested items identified at previous Council meetings. If sharing a longer report, PIG members may e-mail it to S. Haitsuka no less than 10 calendar days prior to the next Council meeting.</p> <p>The following updates were provided by L. Nagao.</p> <ul style="list-style-type: none"> <li>• There is a need to increase KSAB membership.</li> <li>• Telehealth with the John A. Burns School of Medicine (JABSOM) is being used five days per week. Initially there was a concern about participation and some apprehension about using the telehealth setup but after trying it, participants have expressed that they really like it. Both consumers and staff are getting more comfortable with using telehealth. Devices are being provided to some consumers.</li> <li>• Despite negative impact of COVID-19, there have been some positive activities such as telehealth for addiction treatment</li> </ul>	<p>For information only.</p> <p>L. Nagao represents the KSAB on the SCMH.</p> <p>KSAB meets monthly on the last Thursday from 1-3:30 p.m.</p>		



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<ul style="list-style-type: none"> <li data-bbox="142 586 348 686">• Maui Service Area Board (MSAB)</li> <li data-bbox="142 846 348 946">• Oahu Service Area Board (OSAB)</li> <li data-bbox="142 1138 348 1239">• Hawaii Service Area Board (HSAB)</li> </ul>	<p data-bbox="476 217 1192 248">programs and engaging with participants in virtual groups.</p> <ul style="list-style-type: none"> <li data-bbox="443 256 1272 321">• It is acknowledged that there is stigma/psychological factors with driving to and attending group meetings in-person.</li> <li data-bbox="443 329 1245 467">• One KSAB member is an emergency department manager at Wilcox Memorial Hospital. They report seeing an increase in co-occurring/substance use issues with concern for overdose and severe substance abuse in younger cases.</li> <li data-bbox="443 475 1199 540">• Friendship House Clubhouse on Kauai continues to provide services on rotation throughout the COVID-19 pandemic.</li> </ul> <p data-bbox="407 586 999 617">The following updates were provided by T. Reed.</p> <ul style="list-style-type: none"> <li data-bbox="443 625 1272 656">• No quorum at the last MSAB meeting; it was an info only meeting.</li> <li data-bbox="443 664 1194 695">• Telehealth kiosks at the mental health clinic are going well.</li> <li data-bbox="443 703 1215 800">• Hawaii Health and Harm Reduction Center <a href="http://www.hhhrc.org">www.hhhrc.org</a> coordinates the needle exchange program and their report is forthcoming.</li> </ul> <p data-bbox="407 846 999 876">The following updates were provided by C. Dang.</p> <ul style="list-style-type: none"> <li data-bbox="443 885 1234 950">• Due to some confusion about last month's meeting due to lost meeting minutes; there was no OSAB meeting last month.</li> <li data-bbox="443 958 1272 1096">• C. Dang thanked T. Reed for sharing information requested at last month's meeting regarding the telehealth kiosk contact information. She will share that information at the next OSAB meeting as Oahu is also looking at using telehealth kiosks.</li> </ul> <p data-bbox="407 1138 1062 1169">The following updates were provided by C. Matayoshi.</p> <ul style="list-style-type: none"> <li data-bbox="443 1177 1016 1208">• There was quorum at the last HSAB meeting.</li> <li data-bbox="443 1216 1224 1315">• A presentation by Community Oriented Correctional Health Services, a national organization, was shared at the last HSAB meeting.</li> <li data-bbox="443 1323 1257 1461">• The HSAB membership has changed with one recent resignation and one recent interim appointment which is H. Ilyavi. A staff member at West Hawaii Community Health Center is interested in being a member.</li> </ul>	<p data-bbox="1302 586 1577 651">T. Reed represents the MSAB on the SCMH.</p> <p data-bbox="1302 695 1583 800">MSAB meets monthly on the 1<sup>st</sup> Monday from 2-3 p.m.</p> <p data-bbox="1302 846 1577 911">C. Dang represents the OSAB on the SCMH.</p> <p data-bbox="1302 954 1562 1060">OSAB meets monthly on the 3<sup>rd</sup> Wednesday from 9-10 a.m.</p> <p data-bbox="1302 1138 1591 1203">C. Matayoshi represents the HSAB on the SCMH.</p> <p data-bbox="1302 1247 1562 1352">HSAB meets monthly on the 4<sup>th</sup> Tuesday at 9:30 a.m.</p>		

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	<ul style="list-style-type: none"> <li>• The HSAB continues to work on developing its CISAP. She is wondering when the CISAP is due.</li> <li>• HSAB continues to increase community awareness about the HSAB and its role.</li> <li>• The West Hawaii Family Guidance Center office was closed on 8/31/20 but the center has seen an increase in referrals.</li> <li>• Hale ‘Oluea Clubhouse in Hilo has Capital Improvement Project (CIP) funds that will be used for renovations.</li> <li>• Training topics for staff at the Hawaii Community Mental Health Center (CMHC) branch and clinics will include TigerConnect and crisis intervention training.</li> </ul> <p><u>Comprehensive Integrated Service Area Plans (CISAP)</u> The Council will review CISAPs which are island/County-based plans that includes information and data about current and future mental health services. With this CISAP information, the Council may then review and consider what is presented and use that information for Council discussions. Reviewing the CISAP is a covered activity under the SAB and State Council Bylaws. Each island SAB representative is responsible for obtaining a copy of the most recently completed CISAP.</p>			
<p>VIII. State Agency Representative Reports</p> <ul style="list-style-type: none"> <li>• Hawaii Public Housing Authority (HPHA)</li> </ul>	<p>This section of the agenda includes a brief summary from Council members representing their respective state agencies about agency data, agency information related to behavioral health and when applicable, updates on requested items identified at previous Council meetings. If sharing a longer report, PIG members may e-mail it to S. Haitsuka no less than 10 calendar days prior to the next meeting.</p> <p>The following updates were provided by K. Martinez.</p> <ul style="list-style-type: none"> <li>• HPHA supports families living in public housing during COVID-19. One way HPHA is providing support is by partnering with the DOH and the Hawaii National Guard to canvas its public housing</li> </ul>	<p>For information only.</p> <p>K. Martinez represents HPHA on the SCMh.</p>		

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<ul style="list-style-type: none"> <li>Department of Health Child Adolescent Mental Health</li> </ul>	<p>properties, offer free COVID-19 testing and outreach to provide education to individuals living in public housing about COVID-19. Statewide since May 2020, interpreters are onsite to assist with communication for those who have limited English proficiency. A few more canvassing events are scheduled in October 2020.</p> <ul style="list-style-type: none"> <li>Using CARES COVID-19 funding through HiEMA, HPHA has partnered with the Aloha CARES Emergency Feeding Program to provide food to families in public housing by bringing meals to individuals in their homes who are disabled, over 65 years old, and tested positive for COVID-19. We wanted these individuals to stay isolated in their homes and not have to come out to get food. The program was extended to include serving the public in non-public housing locations as well. As of September 2020, approximately 3,506 individuals participated and a total of 278,000 meals were served. An additional \$2M in funding was provided by HiEMA which HPHA estimates will allow the program to operate through the end of October 2020. She expressed great appreciation to HiEMA for selecting HPHA to coordinate this statewide mass meal distribution program.</li> </ul> <p>Council members shared the following comments:</p> <ul style="list-style-type: none"> <li>L. Nagao asked about the funding for this program. K. Martinez explained that the funding is used to provide hot meals. Under this program, meals are provided every other day for two days. For example, distribution on Monday includes meals for M/T; distribution on Tuesday includes meals for T/W, etc.</li> <li>R. Ries acknowledged that this program is a great resources for the community and especially to those in need.</li> </ul> <p>The following updates were provided by S. Shimabukuro.</p> <ul style="list-style-type: none"> <li>No updates were shared during the meeting.</li> </ul>	<p>S. Shimabukuro represents DOH CAMHD on the SCM.</p>		

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<p>Division (DOH CAMHD)</p> <ul style="list-style-type: none"> <li>• Department of Human Services (DHS) MedQUEST (MQD) Division Medicaid Program</li> <li>• Department of Human Services (DHS) Child Welfare Services (CWS)</li> <li>• Department of Human Services (DHS) Division of Vocational Rehabilitation (DVR)</li> </ul>	<p>The following updates were provided by J. Fujii.</p> <ul style="list-style-type: none"> <li>• No updates.</li> </ul> <p>The following updates were provided by D. Koyanagi.</p> <ul style="list-style-type: none"> <li>• D. Koyanagi is attending her first Council meeting today. She has been with the CWS unit for over 30 years. She was not aware about the Council until she was asked to participate. She is looking forward to participating as a Council member.</li> </ul> <p>The following updates were provided by R. Pascual-Kestner.</p> <ul style="list-style-type: none"> <li>• No updates.</li> </ul>	<p>J. Fujii represents DHS MQD Medicaid Program on the SCM.</p> <p>D. Koyanagi represents DHS CWS on the SCM.</p> <p>R. Pascual-Kestner represents DHS DVR on the SCM.</p>		
<p>IX. Specialty Area Representative Reports</p> <ul style="list-style-type: none"> <li>• Hawaii Advisory</li> </ul>	<p>This section of the agenda includes a brief summary from Council members representing specialty areas about activities related to behavioral health and when applicable, share updates on requested items identified at previous Council meetings. If sharing a longer report, PIG members may e-mail it to S. Haitsuka no less than 10 calendar days prior to the next Council meeting.</p> <p>The following updates were provided by J. Fujii.</p> <ul style="list-style-type: none"> <li>• No updates.</li> </ul>	<p>For information only.</p> <p>J. Fujii represents HACDACS on the SCM.</p>		

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<p>Committee on Drug Abuse and Controlled Substances</p> <ul style="list-style-type: none"> <li>• Mental Health Providers</li> <li>• Parents and Family Members of Mental Health Service Recipients</li> </ul>	<p>The following updates were provided by R. Ries.</p> <ul style="list-style-type: none"> <li>• He noted that there are high rates amongst providers about rates for suicidality, domestic violence, substance use (previously in remission) where people are falling back into bad habits due to the current environment that we are living in and possibly due to stress and other factors.</li> <li>• Some former patients are calling to reconnect to get support with urgency and he has been accommodating more patients in his schedule, both before and after his standard clinic hours.</li> <li>• Telehealth support group for providers meets weekly to provide a forum to bounce ideas off each other, self-care, compassion fatigue support and to speak with others who can relate.</li> </ul> <p>The following updates were provided by K. Aumer.</p> <ul style="list-style-type: none"> <li>• This is her first Council meeting and she hopes to contribute as much as possible as a Council member. She has several family members who live with mental illness.</li> </ul> <p>The following updates were provided by H. Ilyavi.</p> <ul style="list-style-type: none"> <li>• She has observed similar issues with needing increased access to support in the community as mentioned by R. Ries. For example, there is a high need for resources and there is a lack of resources in general as all services are either waitlisted or the soonest telehealth appointment is in 2021.</li> <li>• Telehealth for adults is great but with youth it is a challenge.</li> <li>• Students with special needs need in-person services. Trying to do a 20 minute telehealth session is very challenging.</li> <li>• Parents are in a stressful situation and I'm having a challenging time trying to help these parents to cope and to support them.</li> </ul>	<p>R. Ries represents mental health providers on the SCM.</p> <p>K. Aumer, H. Ilyavi, and E. Lau-James represent parents and family members of mental health service recipients on the SCM.</p>		

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	<ul style="list-style-type: none"> <li>• We're hitting that COVID-19 six to nine month point where people are seeing things not necessarily improving and they are having to adjust to going back to work, struggling to support children who are distance learning from home.</li> <li>• Need to have more access to local support in the community and she is open to receiving ideas from all Council members about how to help parents and youth/children.</li> </ul> <p>Council members shared the following comments:</p> <ul style="list-style-type: none"> <li>• S. Shimabukuro asked what side of Hawaii Island that H. Ilyavi is working in. She stated she is on the Kona side but she is seeing the issue with intensive in home therapy and MST being a challenge not only in the Kona area.</li> <li>• R. Ries acknowledges the challenges with virtual meetings when students have special needs and they are unable to really stay focused on the conversation. Approximately one third of his practice is focused on treating children. They are playing with the buttons or are not engaged with the provider; they are playing with the buttons or are doing other things while the provider is conducting the virtual meeting. He's provided education to parents about how to support their child during virtual meetings.</li> <li>• S. Shimabukuro asked about using the Zoom Share Screen White Board feature to keep the conversation interactive with the child.</li> </ul> <p>The following updates were provided by E. Lau-James.</p> <ul style="list-style-type: none"> <li>• There's a lot on everyone's plate and the additional strain of distance learning at home, shortage of resources or resource overload and no time to research the resources that you become aware of can be extremely overwhelming.</li> <li>• She likes the idea of the Council being a hub option to connect folks to local resources and being creative to address the Council's challenges, such as looking for free services, especially now when financial support may be less available.</li> </ul>			

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<ul style="list-style-type: none"> <li>• Student/Youth Advocate</li>   <li>• Consumer Advocates</li> </ul>	<p>Council members shared the following comments:</p> <ul style="list-style-type: none"> <li>• R. Ries supports dedicating a part of the website for resources.</li> </ul> <p>The following updates were provided by A. Beninato.</p> <ul style="list-style-type: none"> <li>• This is his first Council meeting. He is attending the University of Hawaii at Mano and is studying psychology. He has worked with autistic individuals for a little over a year. He has also worked with young children using Pablonian techniques.</li> </ul> <p>The following updates were provided by C. Knightsbridge.</p> <ul style="list-style-type: none"> <li>• He finds that as a consumer, it is hard to deal with the waitlists for treatment and COVID-19 has impacted everyone, especially those with generalized anxiety disorder, panic attacks and those at home with kids who are distance learning at home.</li> <li>• It's so hard to get an appointment to see a doctor if you have QUEST health insurance.</li> <li>• He would love to see the question, "What health insurance do you accept?" being illegal because providers should be able to see anyone who needs help.</li> </ul> <p>Council members shared the following comments:</p> <ul style="list-style-type: none"> <li>• L. Nagao commented that health insurers are required to have adequate services for their members. C. Knightsbridge agreed however he knows that in reality, providing services is not always done in practice.</li> <li>• R. Ries shared that a lot of providers don't want to accept lower reimbursement and there is a lot of hassle with reimbursement from some health insurers.</li> <li>• L. Nagao suggested that this could be an issue that the Council and the Legislative PIG looks at to find out whether insurers are carrying an adequate panel. The Council could also look at what the laws are and how the issue is addressed statewide. <ul style="list-style-type: none"> <li>○ E. Lau-James and C. Dang agree that a PIG meeting to</li> </ul> </li> </ul>	<p>A. Beninato is a student/youth advocate on the SCM.</p> <p>N. Crozier, C. Knightsbridge and T. Reed are consumer advocates on the SCM.</p>		

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	<p>discuss this topic may be a good idea.</p> <ul style="list-style-type: none"> <li>○ C. Knightsbridge suggested that the Council invite others who may be able to speak on the issue. C. Dang stated that Sen. Rosalyn Baker is quite knowledgeable about this.</li> <li>○ R. Ries noted that the Mental Health Task Force (MHTF) meetings are chaired by Rep. John Mizuno and facilitated by Trisha Kajimura. Council members can attend the MHTF meetings stating they are a Council member but are not speaking on behalf of the Council. The next meeting is on October 23, 2020 from 1:00 p.m. to 2:15 p.m.</li> </ul> <p>The following updates were provided by N. Crozier.</p> <ul style="list-style-type: none"> <li>● Mental Health Kokua (MHK) Maui has kept its activity center open and has limited participants to no more than five at a time. Activities include feeding the homeless, contacting individuals for follow up and outreach, and conducting assessments via Zoom. MHK is doing the best that they can to continue services throughout the COVID-19 pandemic.</li> </ul> <p>The following updates were provided by T. Reed.</p> <ul style="list-style-type: none"> <li>● She shared updates earlier in the meeting.</li> </ul>			
X. Presentation/ Guest Speaker	None.			
XI. Old Business  ● SCMH Member Orientation Materials for Fiscal Year 2021	<p>The following items originally appeared on previous meeting agendas and are listed here for follow up and/or final remarks.</p> <p>Starting with Fiscal Year 2021, R. Ries explained that State Council member orientation will be shared with all Council members.</p> <p>He noted that there is a significant amount of copying that will require staff to physically produce copies, order binders, collate the copies into binders with tabbed sections, and arrange for postage and mailing.</p>			



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<ul style="list-style-type: none"> <li>Department of Health Adult Mental Health Division (AMHD) Update</li> </ul>	<p>Additionally, staff are not physically in the office every day during the week. With the Council’s support of electronic access, we can support “going green” and reduce the Council’s carbon footprint.</p> <p>Council members are able to electronically access the member orientation materials listed on the handout and are encouraged to set up their State Council member account within the next seven (7) to ten (10) days. Please watch for an e-mail from S. Haitsuka.</p> <p>Council members are highly encouraged to preview the orientation materials ahead of the November Council Retreat. New members are encouraged to take a deep dive and get oriented to the Council.</p> <p>If any Council members needs hard copies, they can consider going to a printing office otherwise, they can save the orientation materials to their computer for future reference.</p> <p>If you have any questions or need help accessing the materials, please contact S. Haitsuka at <a href="mailto:stacy.haitsuka@doh.hawaii.gov">stacy.haitsuka@doh.hawaii.gov</a>.</p> <p>R. Ries acknowledged Dr. Amy Curtis, AMHD Administrator, who provided the Council with updates on AMHD activities.</p> <p>He recognized a few of the updates she shared, including:</p> <ul style="list-style-type: none"> <li>How AMHD is involved in COVID-19 rapid response activities such as the Hawaii Behavioral Health and Homelessness Statewide Unified Response Group (BHHSURG) Isolation and Quarantine (Iso/Quar) Program;</li> <li>Designing the Hawaii CARES Program as a statewide one stop shop for coordinating entry to behavioral health services; and</li> <li>Developing a pilot program with the first district court to implement HB1620 (Act 026-20) so individuals who need support are evaluated quickly and linked quickly to treatment.</li> </ul> <p><a href="https://www.capitol.hawaii.gov/measure_indiv.aspx?billtype=HB&amp;billnumber=1620&amp;year=2020">https://www.capitol.hawaii.gov/measure_indiv.aspx?billtype=HB&amp;billnumber=1620&amp;year=2020</a></p>	<p>Access member orientation materials before the November Council Retreat.</p>	<p>Council Members</p>	<p>11/09/20</p>

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	<p>R. Ries stated that one particular update Dr. Curtis emphasized was the AMHD strategic plan focus on four (4) priority areas including:</p> <ul style="list-style-type: none"> <li>• Telehealth – Using technology to provide health services including in-home treatment. Federal grant funds pay for telepsychiatry services.</li> <li>• Integration – Coordinating primary and behavioral health services in a holistic person-centered care setting.</li> <li>• Evidence-based practice – Using evidence-based practices and data driven decision making.</li> <li>• Special populations – Addressing the needs of consumers diagnosed with co-occurring substance use conditions, other chronic or physical conditions, including intellectual/ developmental disabilities, and/or who are justice involved.</li> </ul> <p>R. Ries recalled that C. Dang asked Dr. Curtis how the Council could support AMHD’s goals. Her response was for the Council to consider supporting AMHD in the following ways:</p> <ul style="list-style-type: none"> <li>• Supporting AMHD’s strategic plan focus on the four (4) priority areas she mentioned;</li> <li>• Looking at the Hawaii CARES Program; and</li> <li>• Helping by thinking outside the box about ways to integrate primary care and behavioral health care services.</li> </ul> <p>He noted for the Council’s reference, they have:</p> <ul style="list-style-type: none"> <li>• Minutes from September’s meeting for Dr. Curtis’s updates.</li> <li>• Minutes from our July 2020 meeting, where we had Dr. Katherine Boyer present on the Hawaii CARES Program and Dr. Trina Orimoto present on the BHHSURG. In addition to the meeting minutes, we received their presentation slides as well.</li> </ul> <p>R. Ries asked Council members for feedback on the updates Dr. Curtis shared and asked Council members to offer their suggestions for specific ways the Council can support the AMHD.</p> <ul style="list-style-type: none"> <li>• C. Dang stated that in the past, Dr. Fridovich provided updates on</li> </ul>			

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	<p>bills that AMHD was looking at.</p> <ul style="list-style-type: none"> <li>L. Nagao stated that she still has a question about the Hawaii CARES Program only providing resources for providers with a contract with the Alcohol and Drug Abuse Division (ADAD). She thought the intent was to expand the directory.</li> <li>L. Nagao appreciated Dr. Curtis coming to present and sharing information and updates. She loves that E. Mersereau has been working to remove silos and address resources in a way that are collaborative with both mental health and substance use disorder providers.</li> <li>R. Ries suggested that Dr. Curtis could return to provide another update at the beginning of the 2021 legislative session.</li> </ul>			
<p>X. Closing Announcements/ Meeting Evaluation</p>	<p>The following closing announcement was shared:</p> <ul style="list-style-type: none"> <li>The next SCMHD meeting is scheduled for Tuesday, November 10, 2020 via Zoom. Since this will be our Retreat meeting (Part I), the Council agreed to change the time of the meeting. 8:30 a.m. – 9:00 a.m. Regular Council meeting 9:00 a.m. – 1:00 p.m. Council Retreat</li> </ul> <p>All Council members are asked to complete the pre-retreat questionnaire. See the handout provided by the Retreat PIG. Please watch for an e-mail from S. Haisuka regarding this.</p> <ul style="list-style-type: none"> <li>C. Dang shared that KHON2 will air townhall news coverage of “Hostage at Home” which is about intimate partner/domestic violence. It will air on October 21, 2020 at 9:30 p.m.</li> <li>It’s Amazon Prime Day! Buy from Amazon using the Smile Program. Use the link from your favorite charity, school, organization or business.</li> </ul> <p>R. Ries invited members to share their feedback about today’s meeting including what they felt was good about the meeting, constructive criticism about what could be improved, and offer suggestions for improvements.</p> <ul style="list-style-type: none"> <li>R. Ries shared that the Council meetings have become more</li> </ul>	<p>Complete pre-retreat questionnaire.</p>	<p>Council Members</p>	<p>10/30/20</p>

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	<p>meaningful with input from Council members about their respective areas.</p> <ul style="list-style-type: none"> <li>• C. Dang felt that the meeting was productive.</li> <li>• L. Nagao is looking forward to attending the Mental Health Task Force meeting. She reminded Council members about self-care.</li> </ul>			
IX. Future Agenda Items	<p>R. Ries encouraged Council members to share any future presenters or new agenda items if they think of any.</p> <ul style="list-style-type: none"> <li>• One suggestion is to invite a local news/media representative to present on local news coverage of mental health topics.</li> </ul>	For information, only.		
X. Adjournment	The meeting was adjourned at 11:29 a.m.	For information only.		
Electronic Mail Outs	<p>The following handouts were e-mailed to SCMH members and individuals on the SCMH e-mail distribution list:</p> <p>E-mail with Handout Set 1 of 2 (total of 5 handouts)</p> <ol style="list-style-type: none"> <li>1. October 2020 Meeting – Agenda</li> <li>2. September 2020 Meeting – Draft Minutes</li> <li>3. October 2020 Meeting – FY21 Attendance Log</li> <li>4. October 2020 Meeting – PIG List</li> <li>5. October 2020 Meeting – PIG, Legislation HB1620 (Act 026-20)</li> </ol> <p>E-mail with Handout Set 2 of 2 (total of 5 handouts)</p> <ol style="list-style-type: none"> <li>6. October 2020 Meeting – PIG, Legislation SB 2395 (act 226-16)</li> <li>7. October 2020 Meeting – PIG, Retreat Revised Draft Agenda</li> <li>8. October 2020 Meeting – PIG, Retreat Pre-Retreat Questionnaire</li> <li>9. October 2020 Meeting – Old Business, SCMH Member Orientation Materials Revised List</li> <li>10. October 2020 Meeting – Closing Announcement, SAMHSA My Mental Health Crisis Plan App</li> </ol>	For information only.		